Muzicbug
Happy Hearts. Strong Minds. ™

Activity 1

Annabelle's Goal Hunt

Can you find 5 little goals in this picture?

Look carefully and see what our Muzicbug friends are trying to do, learn or achieve.



Some goals to look for:

Ride a scooter	Build a tower	Plant a flower	Play a trumpet	Read a book
☐	☐	☐	☐	☐

Which goal would you like to try?

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Activity 2



What Would Annabelle Do?

Look at each picture. Which choice would help Annabelle reach her goal?
Tick the best answer.

1 **Annabelle is building a tower with blocks.**
The tower falls down!



Try again and keep going! ☐



Give up and walk away. ☐



2 **Annabelle wants to learn to ride a scooter.**
It's a bit tricky at first!



Practise a little bit each day. ☐



Expect to do it straight away. ☐



3 **Annabelle plants a little flower seed.**
She wants it to grow.



Water it and take care of it. ☐



Forget about it and leave it. ☐



How does it feel when you keep going?
Circle how you feel.

Worried Happy Proud



Goals happen one little step at a time!

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Activity 3

Pick a Little Goal!

What would YOU like to try?

Learn something new



Help with a job



Practise something



Do something by myself



My little goal is...

Draw a picture or write about your goal here.

My plan to reach my goal!

1 START
What will I do first?



I can take a small step to begin.

2 PRACTISE
I'll keep having a go!



I can practise and not give up.

3 GOAL!
Look what I did!



I did it! I'm proud of myself!!

Little steps can lead to big achievements!

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Continue with Annabelle!

More fun ways to explore **Setting Goals!**

1 Discover the Full Setting Goals Activity Pack

15 fun pages filled with activities, games and printables to help your child set goals, keep trying and celebrate their achievements!



Explore the Full Activity Pack!

2 Watch Annabelle's Tooth Bugs Song

Join Annabelle in her fun song about brushing teeth, setting goals and keeping tooth bugs away!



Watch on YouTube

3 Explore All 20 Muzicbug Life Skills

Meet all the Muzicbug friends and discover 20 fun songs and stories that help children learn important life skills.



Meet All 20 Characters!

Plan
Try
Practise
Keep Going
Achieve

Little goals today can lead to big adventures!